## HODGSON MILL

# 100% PURE CORN STARCH

Have a Grain Day!

1220L



#### — Basic Better Brown Gravy —

6 Tbsp. meat drippings

1-1/2 tsp. salt

4 Tbsp. Hodgson Mill Corn Starch

1/4 tsp. pepper

3 cups water or broth

Blend drippings and corn starch in medium saucepan over low heat until it is a golden brown color, stirring constantly. Gradually add water, salt and pepper. Heat to boiling over medium-high heat and then boil gently 2 minutes, stirring constantly. Yield: 3 cups.

Delicious when made with beef, pork, chicken or turkey drippings (this is the juice and fat leftover from roasted meat.) For Cream Gravy, use milk or cream in place of water or broth.

#### — Homestyle Vanilla Pudding —

1/2 cup sugar

2-1/2 cups milk

1/4 cup Hodgson Mill Corn Starch

wrap, chill. Yield: about 5 servings.

2 egg yolks, slightly beaten 1 tsp. vanilla

1/4 tsp. salt

In a medium saucepan, combine sugar, corn starch and salt. Gradually stir in milk until smooth. Stir in egg yolks. Stirring constantly, bring to a boil over medium heat and boil 1 minute. Stir in vanilla. Pour into dessert dishes. Cover surface with plastic

### — Simple Cream of Vegetable Soup —

2 Tbsp. butter or oil

4 tsp. Hodgson Mill Corn Starch

1 tsp. Salt

1/4 tsp. pepper

2 cups milk

1-1/2 cups cooked chopped vegetables (such as potatoes, cauliflower or

broccoli)

Melt butter in sauce pan over medium heat. Blend in corn starch, salt and pepper. Gradually add milk. Bring to boil for 2 minutes, stirring constantly. Add 1-1/2 cups vegetables and heat through. Yield: 4 servings.

For more recipes and suggestions, visit hodgsonmill.com

#### Helpful Hints

100% PURE CORN STARCH

- 1. To replace flour when thickening gravies, sauces, soups and stews, 1 Tbsp. Corn Starch = 2 Tbsp. Flour. Corn starch makes a creamier, smoother gravy too!
- 2. To prevent lumps when adding corn starch to hot liquid such as gravies, puddings, and soups, mix corn starch well with cold water. For 2 Tbsp. Corn Starch use 1/4 cup water.
- 3. For lower calorie gravies, pour off all fat from drippings. Replace with broth or water.
- 4. Silky-smooth corn starch has many household uses. Try it as body powder or deodorant, carpet deodorizer, oil stain remover, and more.

Find more tips at HodgsonMill.com



Hodgson Mill is a family owned company expertly milling grain since 1882.



MADE IN Hodgson Mill promises you wholesome, delicious, America's Heartland.

This package sold by weight, not by volume. Contents may have settled during shipping.

**Smoother Sauces** 

**Perfect Pudding** 

**Great Gravy** 

Uses!

So Many HODGSON MILL Household

> 100% PURE CORN STARCH

#### **Nutrition Facts**

Serving Size 1 Tbsp (9g) Servings Per Container about 50

Amount Per Serving

Calories 30

% Daily Value Total Fat 0g Sodium 0mg 0% Total Carbohydrate 8g 3%

Protein 0a

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium and iron. \*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: 100% Corn Starch.

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Our Customer Service Team is always happy to hear from you. Comments and guestions welcome.

**USE BY** 

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#### HodgsonMill.com

Produced in a peanut/tree nut free facility. Produced with genetic engineering.



NET WT 16 oz. (454 g.)

100% PURE CORN STARCH







Recipes on back!

