The taste your family loves. The nutrition they deserve.

ULTRAGRAIN®
with **Quinoa**
ELBOWS

Cooking Instructions
Boil 4 quarts of water. Salt to taste (optional). Add pasta to boiling water, stir vigorously until water boils again (approximately 30 seconds). Cook 7-9 minutes or until desired tenderness. Drain (rinsing lowers vitamin content)

MADE WITH
ULTRAGRAIN®
WHOLE WHEAT FLOUR

Ultragrain® trademark is used under license from ConAgra Foods Food Ingredients Company, Inc.

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OUR GUARANTEE
Hodgson Mill, Inc. is dedicated to satisfying consumer demand for fine quality, healthy food products. If for any reason you are not satisfied with this product, we'll make it right. Simply send the complete pouch and your purchase price to:
Hodgson Mill, Inc. 1100 Stevens Avenue Effingham, IL 62401 • (800)525.0177

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Window

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HODGSON MILL®

ULTRAGRAIN®
with **Quinoa**
ELBOWS
Ⓤ Parve

Made in America with authentic Italian processes

HODGSON MILL®
Have a Grain Day!™

Nutrition Facts
Serving Size: 2 oz. dry (57 g)
Servings Per Container: about 6

Amount Per Serving
Calories 190   Calories From Fat 10

% Daily Value*

Total Fat 1g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 41g	**14%**
Dietary Fiber 3g	**12%**
Soluble Fiber 0g	
Insoluble Fiber 3g	
Sugars 1g	
Protein 8g	

Vitamin A 0%		Vitamin C 0%	
Calcium 0%		Iron 8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	

INGREDIENTS:
ULTRAGRAIN® WHOLE WHEAT FLOUR, DURUM FLOUR, QUINOA FLOUR

Ultragrain® is a unique all natural 100% whole wheat flour. It is specially milled to deliver the clean taste and smooth texture of white flour while maintaining the wheat's whole grain nutrition. Visit Ultragrain.com for more information.

Produced in a peanut/ tree nut free environment.
Manufactured by:
Hodgson Mill, Inc. ,1100 Stevens Avenue Effingham, IL 62401, (800)525.0177

WHOLE GRAIN 30g or more per serving
EAT 48g OR MORE OF WHOLE GRAINS DAILY

NON GMO Project VERIFIED
nongmoproject.org

190 CALORIES	0g SAT FAT 0% DIV	0mg SODIUM 0% DIV	1g SUGAR	3g FIBER 12% DIV	8g PROTEIN

Net Wt. 12oz. (340 g)

HodgsonMill.com