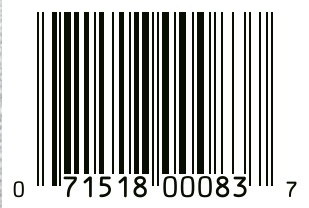The taste your family loves. The nutrition they deserve.

## ULTRAGRAIN®
### with Quinoa PENNE

**Cooking Instructions**
Boil 4 quarts of water. Salt to taste (optional). Add pasta to boiling water, stir vigorously until water boils again (approximately 30 seconds). Cook 7-9 minutes or until desired tenderness. Drain (rinsing lowers vitamin content)

MADE WITH ULTRAGRAIN® WHOLE WHEAT FLOUR

Ultragrain® trademark is used under license from ConAgra Foods Food Ingredients Company, Inc.

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**OUR GUARANTEE**
Hodgson Mill, Inc. is dedicated to satisfying consumer demand for fine quality, healthy food products. If for any reason you are not satisfied with this product, we'll make it right. Simply send the complete pouch and your purchase price to: Hodgson Mill, Inc. 1100 Stevens Avenue Effingham, IL 62401 · (800)525.0177

Window

Window

# HODGSON MILL®
## ULTRAGRAIN®
### with Quinoa
## PENNE

Ⓤ Parve

**Made in America with authentic Italian processes**

Window

# HODGSON MILL®
## Have a Grain Day!™

**Nutrition Facts**
Serving Size: 2 oz. dry (57 g)
Servings Per Container: about 6

**Amount Per Serving**
**Calories** 190  Calories From Fat 10

% Daily Value*

| | | |
|---|---|---|
| **Total Fat** 1g | | 2% |
| Saturated Fat 0g | | 0% |
| Trans Fat 0g | | |
| **Cholesterol** 0mg | | 0% |
| **Sodium** 0mg | | 0% |
| **Total Carbohydrate** 41g | | 14% |
| Dietary Fiber 3g | | 12% |
| Soluble Fiber 0g | | |
| Insoluble Fiber 3g | | |
| Sugars 1g | | |
| **Protein** 8g | | |

| | | | |
|---|---|---|---|
| Vitamin A 0% | | Vitamin C 0% | |
| Calcium 0% | | Iron 8% | |

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

| | | Calories: | 2,000 | 2,500 |
|---|---|---|---|---|
| Total Fat | Less than | | 65g | 80g |
| Sat Fat | Less than | | 20g | 25g |
| Cholesterol | Less than | | 300mg | 300mg |
| Sodium | Less than | | 2400mg | 2400mg |
| Total Carbohydrate | | | 300g | 375g |
| Dietary Fiber | | | 25g | |

**INGREDIENTS:**
ULTRAGRAIN® WHOLE WHEAT FLOUR, DURUM FLOUR, QUINOA FLOUR

Ultragrain® is a unique all natural 100% whole wheat flour. It is specially milled to deliver the clean taste and smooth texture of white flour while maintaining the wheat's whole grain nutrition. Visit Ultragrain.com for more information.

Produced in a peanut/tree nut free environment.
Manufactured by:
Hodgson Mill, Inc. ,1100 Stevens Avenue Effingham, IL 62401, (800)525.0177

WHOLE GRAIN 30g or more per serving — EAT 48g OR MORE OF WHOLE GRAINS DAILY

NON GMO Project VERIFIED nongmoproject.org

| 190 CALORIES | 0g SAT FAT 0% DIV | 0mg SODIUM 0% DIV | 1g SUGAR | 3g FIBER 12% DIV | 8g PROTEIN |
|---|---|---|---|---|---|

**Net Wt. 12oz. (340 g)**

**HodgsonMill.com**