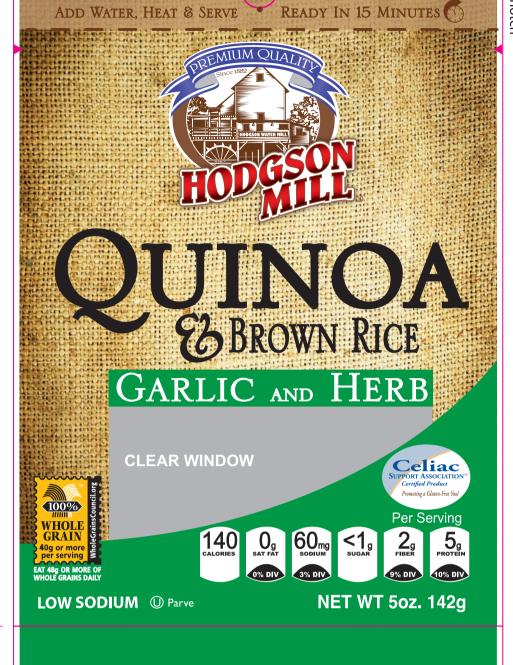
GLUTEN FREE

ALL NATURAL



Bottom Gusset 1.75"



organic citrus peel(lemon & orange) and citric acid tomato), organic spices (including mustard), Whole Grain Parboiled Long Grain Brown Rice, organic dehydrated vegetables (garlic, onion, red & green bell pepper, carrot, INGREDIENTS: Whole Grain Pre-washed Quinoa,

THE RESERVE OF THE PARTY OF	to a street or a series	SAME SAME AND DESCRIPTIONS	
308	S26	J.	Dietary Fibe
6976	3006	ydrate	Total Carboh
2400mg	5400mg	Less than	muibos
300mg	300mg	Less than	Cholesterol
S28	509	ress than	Sat Fat
608	69	Less than	Total Fat
5,500	2,000	:səinols	

or lower depending on your calorie needs.

calorie diet. Your Daily Values may be higher *Percent Daily Values are based on a 2,000 kon 8% Calcium 2%

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		í	Protein 5g	
		Sugars <1 g		
	6	Insoluble Fiber 2g		
		Soluble Fiber 0g		
%6		Dietary Fiber 2g		
%01	e 308	Total Carbohydrate 30g		
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%7		<u>გ</u> მ.	Total Fat	
, anle√	% Daily			
31 15	T mor T sei	40 Calor	Calories 1	

Serving Size: 1/4 Cup (41 g) Servings Per Container: about 3.5

Mutrition Facts

Amount Per Serving

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and your purchase price to: Hodgson Mill, Inc. 1100 Stevens Ave Effingham, IL 62401 • (800)525.0177 demand for fine quality, healthy food products. If for any reason you are not satisfied with this product, OUR GUARANTEE
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wisit HodgsonMill.com For more information

Have a Grain Day!...

Fluff with fork and serve. Do not overcook. 5. Remove from heat and let stand for 5 minutes.

2. Add entire contents of pouch and stir to combine. 3. Reduce heat to simmer and cover. 4. Simmer 14-15 minutes or until liquid is absorbed. 1. Bring 134 cups of water to a boil.



Tear notch