PROOF	❑ EPSON ■ PDF ❑ ACUITY ❑ PLOTTER		
Hodgson Mill		Print ID: 11950	
I-246B Gluten Free Spaghetti		Date: 11/06/12	
Die/Sample: 6909	CSR - KB	Prepress - JF	Revision: #3

➠ **EPSON** proofs are for Process Color, Layout, and Copy.
➠ **PDFS** and **PLOTTERS** are for Layout and Copy only.
➠ Spot colors are not accurate on Epson, PDF or Plotter proofs. For accurate spot colors request Drawdowns from your Customer Service Representative.

❑ Proof is approved as shown.
❑ Proof is approved with indicated changes.
❑ Proof is not approved. Make changes and provide a revised proof.

SIGNATURE:

DATE:

Order completion dates are based on final proof approval dates. Please expedite your approval so we can begin production.

Used Process and Pantone Spot Colors

1 → C, 2 → M, 3 → Y, 4 → K, 5 → HM Logo Brown, 6 → HM Logo Lt Blue, 7 → Hodgson Gold

❑ THIS ITEM HAS BEEN CONVERTED TO EQUINOX

Varnish: Matte, Gloss

Foil/Emboss: Foil, Emboss

Proofs do not show the quality of workmanship, or actual color of finished product. Based on the file provided, this proof is for color, general layout and to proofread for copy, color breaks, and overall content. Review this proof carefully; **ultimate responsibility for accuracy of all content rests upon the person(s) who sign(s) and/or approve(s) this proof.**

SPECIALTY FINISHING
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Omaha, NE 68137
(402) 330-2356

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Visit us on the web: www.HodgsonMill.com

Thick Spaghetti Sauce with Ground Turkey

2 Tbsp. - extra virgin olive oil
1 cup - chopped onion
2 cloves - garlic (minced)
1 lb. - lean ground turkey
3 Tbsp. - ground oregano
2 Tbsp. - dried parsley
2 Tbsp. - fresh basil
2 cup - tomato paste *(no salt added)*
1 1/2 - cups of water

*1. Heat garlic, onion and olive oil. 2. Add ground turkey, oregano, basil, parsley and brown. 3. Add tomato sauce and heat thoroughly. * For thinner sauce add more water.*

Serve over 1 box **Hodgson Mill Gluten Free Brown Rice Spaghetti.** *Serves 4*

RICH IN WHOLE GRAIN

TO HELP REDUCE THE RISK OF HEART DISEASE AND CERTAIN CANCERS.
"Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat and cholesterol may reduce the risk of heart disease and certain cancers!

- **All Natural**
- **Gluten Free**
- **Wheat Free**
- **Dairy Free**
- **Egg Free**

Our premium quality Gluten Free Brown Rice Pasta with Golden Milled Flax Seed begins with all natural, gluten free ingredients that are blended together. Each batch is tested using the ELISA Gluten Assay test to ensure that a quality product is delivered to you, our most valued customer. At Hodgson Mill, "We do something special for all our customers".

Nutrition Facts

Serv. Size 2 oz. dry (57g)
Servings Per Container: 4
Calories 209
Calories from Fat 12

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 1g	1%	**Total Carb** 44g	15%
Sat Fat 0g	0%	Dietary Fiber 2g	8%
Trans Fat 0g		Sugars 0g	
Cholest. 0mg	0%	**Protein** 5g	
Sodium 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 3%

INGREDIENTS:
100% Whole Grain Brown Rice Flour, Golden Milled Flax Seed

Made in the USA with 100% US grown ingredients

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I-246B

Gluten Free

All Natural Brown Rice Pasta SPAGHETTI with Golden Milled Flax Seed

HODGSON MILL®

Cooking Instructions
Add Hodgson Mill Pasta to 4 quarts of rapidly boiling water (salt optional). Return to a rapid boil. Cook uncovered, stirring occasionally, for 10 minutes, or until done. DO NOT OVERCOOK. Drain well, rinse with cold water and serve with your favorite recipe.

NON GMO Project VERIFIED nongmoproject.org

PREMIUM QUALITY Since 1880 HODGSON MILL®

Produced in a Gluten Free Environment

Gluten Free

Made in the USA

Parve

GLUTEN FREE GF For Life™

All Natural Brown Rice Pasta
SPAGHETTI
with Golden Milled Flax Seed

Excellent Source of Omega-3 Oils

Net Wt. 8oz. (227g)

Gluten Free

All Natural Brown Rice Pasta SPAGHETTI with Golden Milled Flax Seed

HODGSON MILL®

OUR GUARANTEE
Hodgson Mill, Inc. is dedicated to satisfying consumer demand for fine quality, healthy food products. If for any reason you are not satisfied with this product, simply send us both end flaps of this box and your purchase price to:
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CARTON MADE WITH Recycled Paperboard MINIMUM 35% POST CONSUMER CONTENT

This package sold by weight, not by volume. Contents may have settled during shipping.

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