21 1 Tablespoon airtight packets

21

1 Tablespoon

airtight packets

Xanthan Gum

**SUPERIOR QUALITY** 

Canthan Gum

1306B





Serving Size: 1 Tbsp (9g) or 1 packet Servings Per Container: 21

Airiount i ci oci ving	
Calories 30 Calories	From Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 200mg	8%
Total Carbohydrate 7	<b>2</b> %
Dietary Fiber 7g	27%

Dictary riber /g	
Sugars 0g	
Protein 0g	
Vitamin A 0%	

Calcium 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Vitamin C 0%

Iron 0%

or remain depending on your daterne mooder				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25a		

OUR GUARANTEE

Hodgson Mill, Inc. is dedicated to satisfying consumer demand for fine quality, healthy food products. If for any reason you are not satisfied with this product, we'll make it right. Simply send the complete bottom and back of this box

and your purchase price to: Hodgson Mill, Inc. I 100 Stevens Avenue Effingham, IL 62401 • (800)525.0177



## **Gluten Free Homemade Noodles**

1 ½ c Hodgson Mill Gluten Free All Purpose Flour 2 tsp Hodgson Mill Xanthan Gum

2 large eggs- room temperature 1 Tbsp canola oil

In a small bowl, blend together all purpose flour, xanthan gum and salt; set aside.

Blend the eggs, water, and oil together until smooth. Add flour blend and mix until dough forms a sticky ball. Place dough on a lightly floured surface. The dough will be sticky, so add flour to your hands until the dough feels soft.

Divide the ball of dough into four equal portions. Work with one portion at a time; cover remaining dough to prevent drying out. Use hands to flatten one small ball into a 3-inch disc and cover entirely with plastic wrap. Roll dough out to a very thin

Remove plastic wrap and cut noodles as desired, using a sharp knife or pizza cutter. Fresh noodles can be used immediately\*\*. To dry noodles, drape strips over a pasta drying rack or spread out on a flat surface. Carefully place dried noodles in a bag and freeze for future use.

Yields: 12 ounces fresh pasta

\*For thinner noodles, use a hand crank pasta maker.

\*\*Fresh pasta cooks very quickly, approximately 3-5 mir

1. Bring 4 – 5 quarts of water to a boil.

- 2. Add 1 Tbsp. salt and noodles. 3. Test noodles every 30 - 60 seconds.

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## **Tips for using Xanthan Gum**

- Add 1 teaspoon xanthan gum per cup of gluten-free flour used in bread and pizza dough recipes.
- Add 1/2 teaspoon xanthan gum per one cup of gluten-free flour for cakes, muffins and quick bread recipes.
- Add 1/2 teaspoon (or less) xanthan gum per one cup gluten-free flour used in cookies and bar recipes.









NET WT 6.7 oz. 189 g



COLORTEK 14-0343 Gluten Free Xanthan Gum 6.7oz I306B 2/18/2014



9.875

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Noodle Recipe on Back

















Celiac

(U) Parve

